

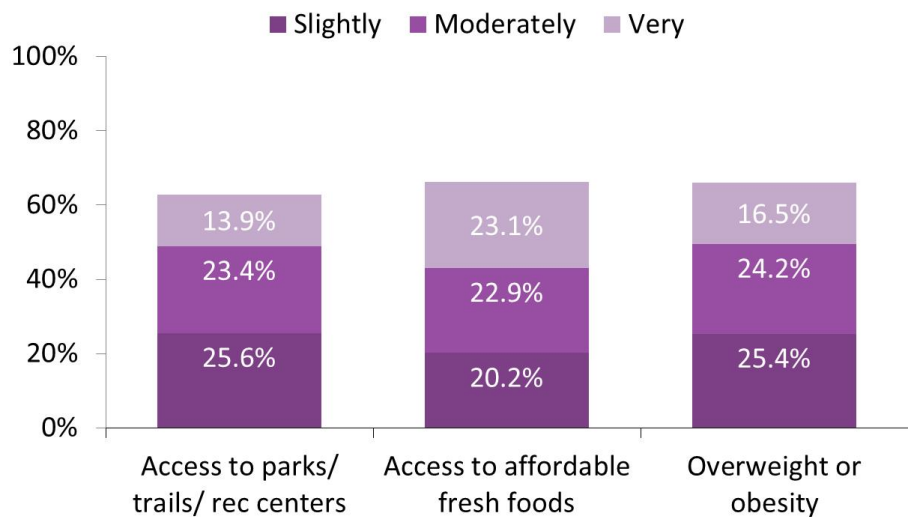
Weld County 2013 Community Health Survey

Community Concern: Healthy Eating Active Living

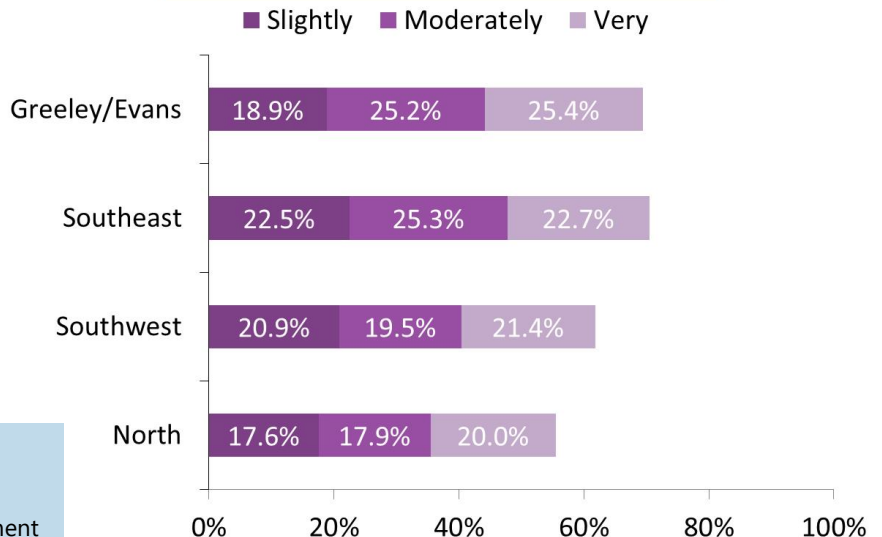
Key Findings

- Evidence suggests that a diet of nutritious foods and a routine of increased physical activity could help reduce the incidence of heart disease, cancer, and diabetes—the leading causes of death and disability in the United States.
- Parks, trails, and recreation centers can provide appealing venues for physical activity, and may reduce health disparities, stress, depression, and violence, and promote mental health, social cohesion, and general well-being.
- Over 60% of Weld County residents were concerned about access to appealing areas for physical activity, access to affordable fresh foods, and overweight or obesity in their community.
- About seven out of ten residents in Greeley/Evans and the Southeast region were concerned about access to affordable fresh foods compared to 61.8% in the Southwest region and 55.5% in the North region in Weld County.

Concern About Healthy Eating Active Living



Concern About Access to Affordable Fresh Foods by Region



Questions?

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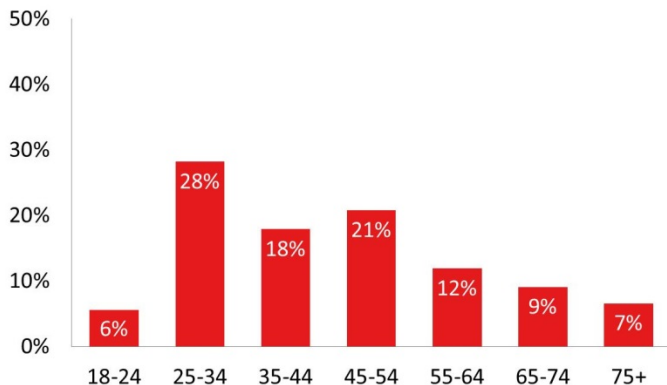


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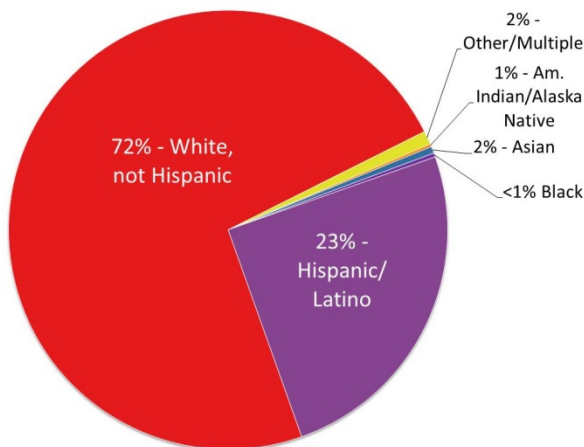
About the Survey

Description of Responders

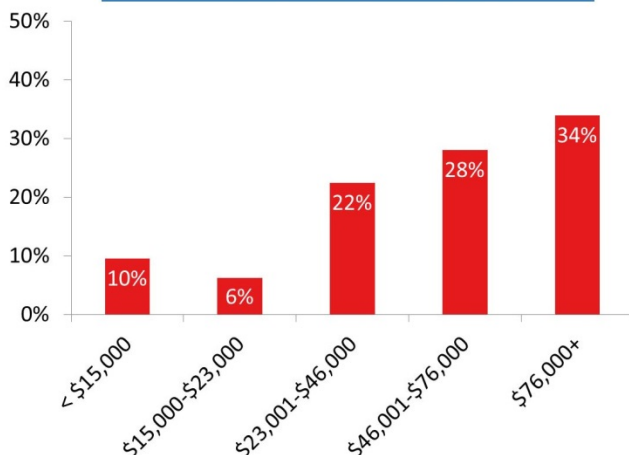
Age Groups



Race/Ethnicity



Household Income



The Survey Explained

- In order to periodically assess the health status of county residents, between October 15, 2013 and February 14, 2014, Weld County Department of Public Health & Environment contacted 7,502 households by mail requesting an adult to complete the 65-item survey or complete it online.
- Question topics included health, health care access and insurance, health conditions and lifestyle habits, preventive screenings, environmental issues, community concerns and needs, demographics, and the 2013 Flood Disaster.
- Households were selected randomly by first dividing the mailing list into **four regions (see map below)** and two household types (single-family vs. multi-family). The list was certified by the post office but did not contain residents' names.
- After multiple contacts, 2,082 community residents returned usable surveys for a 28 percent response rate. The results are representative of the population within a ± 5.0 percent margin of error.
- To see the actual survey go to: www.weldhealth.org

