

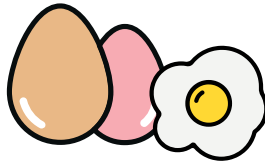
# Written Notification of Major Food Allergens as Ingredients

Regulation 6 CCR 1010-2: Retail Food Establishments

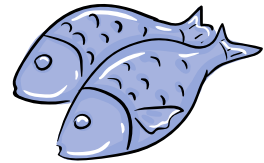
## Identifying the Nine Major Allergens as Ingredients



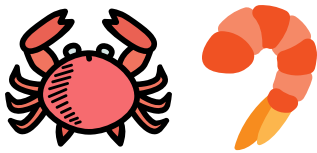
**Milk**



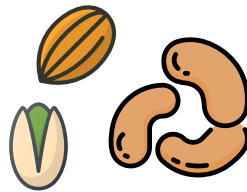
**Eggs**



**Fish**



**Crustacean**



**Tree Nuts**



**Wheat**



**Peanuts**



**Soy**



**Sesame**

### Regulation

3-602.12 Colorado Food Code

Establishments shall notify consumers by written notification to inquire about information on major food allergens as ingredients

Unintended exposure to food allergens is a serious risk for consumers with food allergies. Consumers depend on information about any ingredients that are a major food allergen. Establishments shall notify consumers to inquire about major food allergens as ingredients for menu items.

Issued: 3/16/24

For more information, contact your local health department or visit:

[cdphe.colorado.gov/retail-food/retail-food-resources](https://cdphe.colorado.gov/retail-food/retail-food-resources)



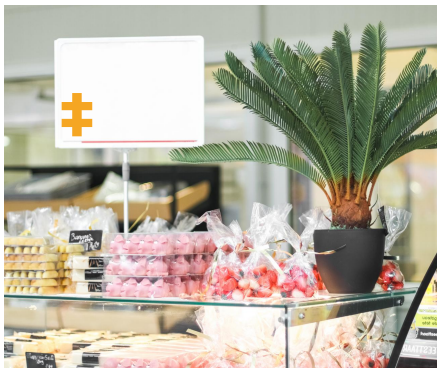
**COLORADO**  
Department of Public  
Health & Environment

# Written Notification of Major Food Allergens as Ingredients

Regulation 6 CCR 1010-2: Retail Food Establishments

An example of a statement that could be listed on a menu, table tent, placard or display board that informs the consumer of major food allergens that are present as ingredients could be:

- ✚ The following major food allergens are used as ingredients: Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Wheat, Soy, and Sesame. Please notify staff for more information about these ingredients.



Written notification can be provided in many forms such as: physical or electronic means, including, but not limited to, brochures, deli case or menu notifications, label statements, table tents, placards, or other effective written means.

Issued: 3/16/24

For more information, contact your local health department or visit:

[cdphe.colorado.gov/retail-food/retail-food-resources](https://cdphe.colorado.gov/retail-food/retail-food-resources)



**COLORADO**  
Department of Public  
Health & Environment